

## registration form

Please complete in block capitals

Name \_\_\_\_\_

Position \_\_\_\_\_

Organisation \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

Tel \_\_\_\_\_

Fax \_\_\_\_\_

Email \_\_\_\_\_

Special diet requests \_\_\_\_\_  
\_\_\_\_\_

How did you hear about the conference? \_\_\_\_\_  
\_\_\_\_\_

Please provide a contact name and address for the person to whom the invoice should be sent. (Please provide an organisation address as we cannot accept a personal address for invoices).

Name \_\_\_\_\_

Position \_\_\_\_\_

Organisation \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

Tel \_\_\_\_\_

Fax \_\_\_\_\_

Purchase Order No. \_\_\_\_\_

If you would prefer to pay by cheque please enclose a cheque for the appropriate amount made payable to 'The University of Glasgow' and send to:

**Carolyn Fraser**, CPD Manager  
Queen Mother's Hospital, Glasgow G3 8SJ  
Tel +44 (0)141 201 9353 / 0825/ 9264  
Fax +44 (0)141 201 0674



### CONFERENCE DATES FOR YOUR DIARY

**Child Mental Health & Law**, Friday 7th May 2010  
**Suicidal Young People: Reducing the Risk**, 4th June 2010  
**Health of Children and Young People with Down's Syndrome**, 8th June 2010  
**Autism Conference**, 29th October 2010  
**Improving the Health and Well-Being of People with Learning Disabilities**, 2nd December 2010

For further information on our conferences go to:  
[www.gla.ac.uk/departments/developmental/cpd/newcourses](http://www.gla.ac.uk/departments/developmental/cpd/newcourses) or phone 0141 201 9264

The personal data that you supply during the registration of this conference on Children's Mental Health, Thursday 6th May 2010, will be entered into a database and used by the University of Glasgow or its agents to manage your registration for, and attendance at, the conference. Unless you advise to the contrary, in writing and in advance to the Conference Organiser, your name and affiliation may be made available in a list of delegates to both attendees at, and the sponsor(s) of the conference. The personal data in the database will be retained by the University, unless requested in writing to the Conference Organiser, and may be used in future to inform you about other appropriate services and events that may be organised by or in conjunction with the University.

**Cancellation policy:** Cancellations will only be accepted in writing. A refund, less an administration charge of £25.00 will be given to all cancellations received before Tuesday 6th April 2010. Thereafter the full fee is payable, regardless of whether the delegate attends or not. Substitutions can be made at anytime. The organisers reserve the right to change the speakers and venue as required. When we receive your registration for this conference by post, fax, online or telephone we take this as a confirmed booking.

The University of Glasgow Charity Number SC004401



# Children's Mental Health

A one day conference

Thursday 6th May 2010

Hilton Glasgow Hotel

5 great reasons to attend

- Benefit from the latest updates and current thinking
- Learn from leading experts
- Review best practice and policy
- Debate and discuss hot topics
- Take-home practical advice

To register...

Telephone  
+44 (0)141 201 9353 / 0825 / 9264

Fax  
+44 (0)141 201 0674

By Post

Online  
[www.gla.ac.uk/departments/developmental/cpd/newcourses](http://www.gla.ac.uk/departments/developmental/cpd/newcourses)

This popular conference is now in its 6th year and we are pleased to invite you to attend this year's event. We have brought together a great programme, so come and get your knowledge updated on key topics on children's mental health addressed by leading experts, take away practical information which can be applied in the work setting and hear about projects and work going on throughout the country. The conference also serves as a good meeting place where you can network with colleagues and pick up educational resources. **We hope to see you there!**



## Conference details

### Date

Thursday 6th May 2010.

### Venue

Hilton Glasgow Hotel  
1 William Street, Glasgow, G3 8HT  
Telephone: 0141 204 5555

### Time

The conference will start promptly at 10.00am and finish at approximately 4.15pm. Registration will be open from 9.15 - 10.00 am.

### Registration cost

£197 including lunch and refreshments.

### Registration

To register for this conference, please complete the registration form on the back of the leaflet, detach and return no later than Thursday 29th April 2010. It is advisable to return the form ASAP as places are restricted. Further information will be sent to each delegate on receipt of the completed registration form.

### Accommodation

Glasgow has a wide range of accommodation to suit every budget. For further information and ideas please visit: [www.seeglasgow.com](http://www.seeglasgow.com)

### Certificate of attendance

All delegates will receive a Certificate of Attendance from the University of Glasgow.

## Programme

- 9.15 – 10.00 **Registration and refreshments on arrival**
- 10.00 – 10.05 **Introduction from the morning chair**  
**Charlie McMillan**, Director of Research, Influence and Change, SAMH (Scottish Association for Mental Health)
- 10.05 – 10.30 **What's happening in Scotland in children's mental health**  
Policy/programmes, services, resources  
**Margo Fyfe**, CAMHS Nursing Advisor, Scottish Government
- 10.30 – 10.35 **Questions**
- 10.35 – 11.00 **Investing in our mental wealth – Playfield institute as a model for increasing the capacity of parents, carers and anyone working with children or young people to promote flourishing minds**  
**Graham Buchanan**, Institute Associate Manager & **Dr Wendy Simpson**, Institute Associate Manager, Playfield Institute, Fife
- 11.00 – 11.10 **Questions and discussion**
- 11.10 – 11.35 **Refreshment break**
- 11.35 – 12.00 **'Someone to notice my distress and help me'**  
Identifying children and young people at risk of developing mental health problems - early intervention and support  
**Roger Catchpole**, Training and Development Manager, YoungMinds
- 12.00 – 12.05 **Questions**
- 12.00 – 12.25 **Diet and children's mental health**  
**Diane Tomlinson**, Consultant Child and Adolescent Psychiatrist, Norfolk and Waveney Mental Health NHS Foundation Trust
- 12.25 – 12.35 **Questions and discussion**
- 12.35 – 1.40 **Lunch**
- 1.40 – 1.45 **Introduction from the afternoon chair**  
**Maureen Smillie**, Independent Speech and Language Therapist, Glasgow
- 1.45 – 2.10 **The needs of children of parents with mental health or substance abuse problems**  
**Dr Carol Bindon**, Consultant in Child and Adolescent Psychiatry, Argyll and Bute Hospital, Lochgilphead
- 2.10 – 2.15 **Questions**
- 2.15 – 2.40 **Ideas for communicating with difficult to reach children and young people**  
**Roxane Hartley-Davies**, Speech and Language Therapist/Social Worker, NHS Greater Glasgow and Clyde
- 2.40 – 2.50 **Questions and discussion**
- 2.50 – 3.05 **Refresh yourself – fruit juice break**
- 3.05 – 3.30 **Communication: What Do Your Words Say About You?**  
**Bill McFarlan**, Managing Director, The Broadcasting Business Ltd
- 3.30 – 3.35 **Questions**
- 3.35 – 4.00 **Crannog Power** – How to build confidence and change our lives and others by using the 'Five Pillars of Personal Transformation and Empowerment'  
**Dr Alex Yellowlees**, Independent Consultant Psychiatrist
- 4.00 – 4.15 **Questions and closing remarks from the chair**